

Post Adoption Services: Virtual Groups & Events & Trainings

For more information, please reach out to your Post Adoption Services worker call OR call (916) 567-4477 OR email msprock@wayfinderfamily.org

September 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 10-11:30 Chat & Coffee Support Group	2 4-5 Parents of Teens Support Group	3
4	5	6 6-8pm Anne Rodriguez, MSW: Trauma Triggers & Understanding the Impact of Early Abuse (Part 1)	7 2:45-5 Ce Eshelman, LMFT: Back-to-School_ Tackle the Anxiety Traps	8 6-8pm Anne Rodriguez, MSW: Trauma Triggers & Understanding the Impact of Early Abuse (Part 2)	9	10 1-4 Debbie Schugg: Telling your child's Story
11	12	13 10-12 Debbie Riley, LMCFT: Understanding Adopted Teens	14 10-11:30 Katie Wynen: Adoptive Sensitive Language & Rituals 4-5 Grandparents Support Group 4-6 Cooking Class 6-8 Debbie Riley, LMCFT: Understanding Adopted Teens	15	16	17 9-4 Sasha McGowan, LCSW: Nurtured Heart Approach 10-12 Parents Round Table
18	19 6-7:30 Ce Eshelman, LMFT: Stop Yelling 101	20 11-1 Foster Adoptive Parents Support Group	21 9:30-11:30 Weekday Support Group for Adoptive Parents 10-12 Beth Hall: Talking with Children About Adoption	22 5:30-7:30 I.E.P. Preparation	23	24
25	26 6-7:30 Ce Eshelman, LMFT: Stop Yelling 201	27	28	29	30 6:30-8 Paint Night	

You can see additional information about PAS services by visiting the California Statewide Post Adoption Navigator Page at <https://capostadoption.org/trainings/>. You can also join our Facebook Page at <https://www.facebook.com/groups/1605696722781048>.